



# **ASN UPENDO VILLAGE**

**TITLE: BI-MONTHLY REPORT**

**PERIOD: MAY – JUNE 2016**

**SUBMITTED TO: UPENDO VILLAGE, NFP, USA**

**SUBMITTED BY: ASN UPENDO VILLAGE, KENYA**

**DATE: JULY 2016**

## **EXECUTIVE SUMMARY**

ASN Upendo Village has continued to live by its name by providing love to the community and especially those infected and affected by HIV and AIDS.

Among the highlight is that all the students under the sponsorship program were able to report back to school for their second term. Prompt payment of their school fees and acquisition of other necessities was effected to facilitate their timely return to their respective schools and colleges/universities. Currently, the number of sponsored students under the sponsorship program is 206.

36 and 25 families were issued with dairy goats and improved indigenous chickens respectively. 9 families were visited during the period to monitor and evaluate progress of their income generating projects and 18 families benefited with solar lamps. 6 grandmothers and 1 clients received interest free loans.

The dispensary continued providing preventive as well as curative services to both our clients as well as the wider general public. The social services department has constantly provided psycho-social support to the support group members and the grandmothers taking care of orphans and vulnerable children.

The report herein provides an in-depth description of the various activities that were carried out by the ASN Upendo Village team in the different departments during the months of May and June 2016. We would like to most sincerely thank all our sponsors because it is as a result of their noble and selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly transformed.

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## ADMINISTRATION AND MANAGEMENT DEPARTMENT

During the period under review on June 22nd, the Executive Directress Sr. Dr. Florence Muia and deputy executive Directress Sr. Agnes Waema travelled to US for mission appeal.

On May 25<sup>th</sup>, director of Upendo Village in the USA Dr. Guy Vaccaro visited ASN Upendo Village Kenya to monitor the progress of various projects under Upendo Village umbrella. He also made several field visits to assess the progress of various projects under the education and income generating activities programs.



Dr. Guy Vaccaro posing for a photo with ASN staff members during his official visit at ASN Upendo village Kenya

## EDUCATION DEPARTMENT

At the commencement of May 2016, all the students under Upendo Village sponsorship program in primary, high school & college level reported back to their respective institutions of learning for Second term 2015 on the scheduled opening dates. The Primary school going kids reported back to school on May 2<sup>nd</sup>, 2016 and also secondary and college level reported back on 2<sup>nd</sup> May, 2016. The department in collaboration with the ASN Upendo village administration ensured prompt payment of their school fees and acquisition of other requirements to facilitate their timely return to their respective schools.

Currently, the number of sponsored students under the sponsorship program is standing at 206. At the primary level there are 90 kids, high school level 80 and 29 students at college/university level. The number of post-secondary students awaiting to join college/university is 7. Out of the 29 students in colleges/university, 5 students are awaiting to graduate in the course of this year or next year.

Level of Education	Boys	Girls	Total
Nursery School	0	0	0
Primary School	41	49	90
Secondary School	34	46	80
Post-secondary	4	3	7
College/University	15	14	29
<b>TOTAL</b>	<b>94</b>	<b>112</b>	<b>206</b>

Gender distribution of sponsored students at ASN Upendo Village

## INCOME GENERATING ACTIVITIES DEPARTMENT

The program continues to empower clients and guardians to be self-reliant in order to break the cycle of poverty.

During the period under review, most of the projects had some activities happening.

### DAIRY GOATS PROJECT

36 families benefited with dairy goats making a total of 451 families who have benefited with dairy goats since the inception of the project. 3 first female born kids were brought back to ASN Upendo Village to benefit other families and 5 goats gave birth during the period under review.



Sr. Agnes Waema posing for a group photo with beneficiaries of dairy goats at ASN Upendo Village



## IMPROVED INDIGENOUS CHICKEN PROJECT

25 families benefited with improved chicks during the period under review making the total number of families who have benefited from the project to 630. The chicks were bought from clients who had benefited before.

## INTEREST FREE LOAN PROJECT

6 grandmothers and 1 client were issued with interest free loans to boost their businesses. The total number of the beneficiaries currently stands at 181. Most of the beneficiaries are now able to put meal on table, pay house rent, save some money though merry-go-rounds and school fees for their children and grandchildren.



Sabina a client and beneficiary of interest free loan project displaying wall nets and bed sheets to Brigid at ASN Upendo Village



Stephanina visiting one of the interest free loan beneficiary (grandma) at an open air market in Naivasha town.

## SOLAR LANTERNS PROJECT

During the month of May and June, 18 families benefited with solar lamps making the total number of families issued with solar lamps since inception of these project to be 270.





Sr. Agnes Waema posing for a group photo during distribution of solar lamps

## HOME VISITS

9 families were visited to monitor the progress of their income generating program. 2 out of the 9 visits were done with the company of director of Upendo Village in the USA Dr. Guy Vaccaro where he took photos and videos of the different projects. He was very much impressed by the courage and hard work shown by different clients during the visits.

**Number of families which have benefited from various income generating projects since inception of the projects:**

<b>Dairy Alpine German goats for milk</b>	<b>451</b>
<b>Improved Chicken for eggs &amp; meat</b>	<b>630</b>
<b>Solar Ovens for Cooking</b>	<b>343</b>
<b>Solar Lamps for Lighting</b>	<b>270</b>
<b>Interest Free Loans</b>	<b>181</b>
<b>Bee hives</b>	<b>30</b>
<b>Craft Making</b>	<b>12</b>
<b>Total Families Benefited</b>	<b>1,917</b>

#### **SUPPORT GROUP MEETINGS (GRANDMOTHERS TO GRANDMOTHERS)**

During the period under review, 69 grandmothers/guardians were taught on different topics during their meetings. A total of 253 clients from the support groups were taught on how to initiate new ways of making income. Example, through engaging in agri-business projects, tree planting and small scale businesses.

## WATER PLANT PROJECT (FOUNTAIN VALLEY PACKAGED DRINKING WATER)

### **Achievements**

Regardless of the cold weather, the market has been responding fairly in the month of May and June. Due to the aggressiveness of the sales and marketing team, the product is bought and accepted by new customers. The department appreciates the efforts of the Executive Directress, Sr. Dr. Florence Muia for her support in getting new tenders which have increased water sales tremendously.

The department worked hand in hand with ASN Upendo village management to ensure that the water processing machine (reverse osmosis plant) is serviced and repaired so as to adhere and comply with the set standards by Kenya regulatory bodies like the Kenya Bureau of Standards hence offering the best quality and standard product to customers.

### **Challenges/Encounters**

The major challenge the department faced during the period under review is that the weather condition has not been auspicious/favorable for water sales.

## PROJECT DEVELOPMENT OFFICE

During the period under review, the Kitchen and Dining project continued with minimal challenges under close supervision by the Clerk of Works. Concerning the ongoing Kitchen and Dining project, the department has been keen on ensuring accurate and timely progressive reports are presented and sent out to the respective stakeholders.



The ongoing Kitchen and Dining Project at ASN Upendo Village

## MEDICAL DEPARTMENT

During the period under review, ASN Upendo village medical facility offered the following services to its clientele:

- ✚ Curative
- ✚ Preventive
- ✚ Promotive (Health messages)
- ✚ Rehabilitative health services (Chronically ill)

The table below shows the services offered in different departments for the period under review

Services Offered	May 2016	June 2016	Totals
<b>Outpatient Department(OPD)</b>	474	501	975
<b>Child Welfare Clinic(CWC)</b>	64	85	149
<b>Antenatal Clinic (ANC)</b>	9	9	18
<b>Comprehensive Care Clinic (CCC)</b>	17	20	37
<b>Voluntary Counseling and Testing (VCT)</b>	25	25	50
<b>Laboratory Tests</b>	694	709	1,403
<b>Cervical Cancer Screening</b>	2	0	2
<b>Physiotherapy</b>	1	1	2

### **Achievements /Accomplishments**

- Some of the staff members from the medical departments attended various workshops to enhance their skills and improve the quality of service they offer to clients.



**Workshop attended and topics discussed include:**

<b>Name</b>	<b>Cadre</b>	<b>Topic</b>	<b>Duration</b>
Samuel Mwangi	Clinical officer	Malaria case management	30/5/2016 to 1/6/2016
Eric Mati	Pharmacy technologist	Logistic management information system	10/6/2016
Josto Murage	Clinical officer	Facility data review	17/6/2016
Joyce Mumbi	VCT counsellor	New HIV testing guidelines	20/6/2016 to 21/6/2016
Sr Jackline Mumbi	Nurse	Diabetes mentorship	27/6/2016 to 29/6/2016

- ✚ Establishment of TB Clinic as a requirement from the ministry of health that all Anti-retroviral sites should have a TB clinic.
- ✚ The department participated in giving health message on prevention of communicable diseases and drug adherence to clients during various support groups meetings.
- ✚ Marketing of the dispensary in the nearby churches hence high turnout/ attendance in Child Welfare Clinic(CWC).

## **Top Ten Institutional Diseases**

1. Upper respiratory tract infection
2. Skin diseases
3. Diarrheal diseases
4. Hypertension
5. Rheumatism /Joint diseases
6. Lower respiratory tract infections
7. Diabetes mellitus
8. Peptic ulcer disease/ hyperacidity
9. Eye infections
10. Urinary tract infections

## **NUTRITION DEPARTMENT**

The department is delighted to report that the nutritional supplements (Maize, maize flour, beans and unimix) distributed to clients have been of great help and support to our clients.

The sub-support group meetings have continued to be very active and vigorous in preparation of meals as well as cleaning up of utensils after taking their lunch. This has acted as a good symbol that our clients can now handle food hygienically and follow the right processes and procedures during meal preparation and therefore lessen cases of opportunistic infections.

During the period under review, the department educated clients on the following topics.

- ✚ Oral hygiene (these include, taking good care of our teeth to avoid bad breath and teeth decay.
- ✚ They were also educated on procedures to follow when cleaning their living rooms especially those who live in houses which are not cemented.

### **Achievements/Accomplishments**

- ✚ The nutritional supplements have made our clients to be healthier hence improved immune system.
- ✚ Hygiene related infections are very few.

Through the support of the administration and other well-wishers, we have managed to feed and distribute nutritional supplements to various members of support groups as shown in the table below.

<b>Name of the support group</b>	<b>May</b>	<b>June</b>	<b>Total</b>
<b>Mai- Mahiu</b>	43	36	79
<b>Karai</b>	62	69	131
<b>Mirera</b>	60	70	130
<b>Town</b>	46	46	92
<b>Total</b>	<b>211</b>	<b>221</b>	<b>432</b>

During the period under review, twenty needy families also benefited from the nutrition food supplements program.

## Challenges

- ✚ Some few clients are still oblivious and they aren't interested or rather do not care about their body hygiene.
- ✚ Stigma among our clients is still high.

## SOCIAL WELFARE DEPARTMENT

### SUPPORT GROUP

Support groups bring clients together, they share their experiences and encourage each other. Almost every day we get new people referred for psycho social and nutrition support. In May and June 2016, 172 and 213 clients attended the meetings respectively. They were taught on adherence, causes, symptoms and treatment of Malaria. In May 2016, the department enrolled 6 new members in the support groups and in June 2016, 14 members were also registered and joined the support group.



Mr. Samuel Mwangi (Clinical Officer ASN Upendo village) giving a talk to support group members

## GRANDMOTHERS

The grandmothers continue to meet, learn and share their experiences. They work tirelessly to ensure that the young ones go to school, are clothed and fed. Most of them have been empowered with projects that enable them to put a meal on the table.



Brigid with the grandmothers posing for a group photo during grandmas meeting at ASN Upendo Village

## ENROLMENT OF NEW CLIENTS

The number of clients continues to increase because of new HIV infections. During the period under review, we enrolled/ registered the following number of clients.



Clients	May	June	Cumulative
<b>HIV positive women</b>	3	10	2,167
<b>HIV positive men</b>	1	3	753
<b>HIV positive children</b>	1	1	325
<b>Household members</b>	1	6	2,967
<b>Orphan vulnerable children</b>	11	28	6,197

PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV/AIDS (PMTCT)

ASN Upendo Village is committed to eliminate HIV virus in babies born of HIV positive mothers. Exclusive replacement feeding is the best option because it promotes good health and survival.

In June 2016, we enrolled five babies on formula milk, among them, two were orphans, their mothers succumbed to HIV-related illnesses few weeks after delivery. One baby is under the care of an aunt and the other lives with the grandmother.

Infant Formula Milk Data	May	June
<b>Number of Infants accessing “Infant Formula Milk”</b>	6	11
<b>Number of Infants Weaned</b>	0	0
<b>Number of Expectant Mothers</b>	2	3



Left: Elizabeth and Ian (siblings) currently in kindergarten and right Joseph beneficiaries of infant formula milk